



Prayer

Sri Sri Thakur Anukul Chandra

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CONTACT

PHONE:
9820132213

WEBSITE:
www.srisrithakuranukulchandra.com

EMAIL:
drdcpatra@gmail.com

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It is generally known that prayer is a powerful tool. Prayer is offered in multiple forms. Looking from the effectiveness point of view, prayer appears to be a hard practice. It is linked to some incomprehensible factors of life like faith, submission, willpower, affinity and blessing, etc.

One question that has remained a puzzle, as to what should be the content of our prayer? What should we pray for? Sri Sri Thakur Anukul Chandra has provided a complete solution to this question in a lyric *vani* (in Bengali). The translation of that is presented below.

O my gracious Lord, the all-powerful master,
the precious object, the priceless entity;
The stay of my soul, the goal ultimate,
the light of my life, the path for eternity.

Whatever you ordain for me,
hardship, grief or punishment;
Be it hunger, or negligence you heap,
your derision or harassment!

Every act of yours is blessing for me,
I am your friend, ever at your feet;
Your service is my duty, and,
work for you is supreme I treat.

You are my interest supreme,
no one else, nothing to boast;
Least care for anything around,
your displeasure is my concern the most.

You know what is best for me,
you do, how it is to be done;
You remain alive for me forever,
with glory, together with everyone.

Your service, your demand,
your work, rules that you set;
Nourishing these is my duty solemn,
for my soul, for the life at best.

Your smile, bliss and your care
glory unto you! world over;
That be the pursuit, my endeavor,
be my mission, project for ever.

You bless me! stay with me,
you live forever, life eternal;
Me, at your feet, at your call,
be with you, for you, ever loyal.

Those who love out of hypocrisy,
they, who pet their deficiency;
Do not observe your advice in action,
devoid of devotion and decency.

Flood of mercy, million words of admonition,
seldom touch their sense, do any progress;
Only they who live in you and you in them,
do enjoy you, live up to your wishes.

Never I demand, nor do I beseech your service,
only because dear I am to you;
Let my heart overflow with love,
wash your feet; my adoration to you.

Let me excel, do wonders, be perfect,
for meeting your wish, fulfill your demand;
My body, mind and soul, all that I am,
learn to see, hear and do understand.

This is my prayer, my Lord,
my life's go, need and hunger;
Let your place remain ever shine
in my heart, that beats faster.

Words of discipline, your command,
are blessings for me, path for my shelter;
Let those be my guide, pointer, unhindered,
may all hurdles and depression be clear.

When you grant my prayer,
you make me full with mercy;
I see you here, there and everywhere
you remain with me, wherever I see.

The welfare, the care and wellbeing
of self, family with surrounding;
Be the prime principle of this life,
with you at the center, joy of becoming.

Let your graceful view, sweet and bliss,
be spread around, everywhere;
Your worship, service and nurturing,
illuminate my heart, with elixir.

Let my being be tied with you,
let the tie be firm, full of energy;
Let evil be resisted, be banished,
with swift and blessed proficiency.

Accomplishment, achievement and action,
upholding existential laws and providential piety;
Bring unerring effulgence and bloomy righteousness,
far sighted intelligence and swift mobility.

Let adherence and allegiance to you,
make my heart conditioned with tenacity;
Face the evil with smashing resistance,
let me stride heavenly path with longevity.

May my devotion invoke your mercy,
the boon of bloomy benevolent bliss;
Do serve you, every cell of my existence,
be blessed and nurture your wish.

Knowing and non-knowing alike for you,
wisdom is your own being;
You are mine, all are yours,
savior of soul, the hoist for becoming.

You are with me, by my side
I look up bewildered, wonder you are;
Without you, who else is there?
this weak heart fails to measure.

Not everyone knows, you are the destiny,
unmatched, the center of creation;
You own the world, the supreme word,
you are unique and second to none.

Translated from Bengali by Prof. Dinabandhu Dey and Dr. DC Patra; first edition published on 3rd October 2013.

Source reference: Anusruti, Volume 3, Chapter 'Prarthanaa', page 276, 4th Edition, April 2013
